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## **CREATE A KID-FRIENDLY MOVE** *Making Moving Day Easier on Parents and Children*

**ST. LOUIS, MO (September 12, 2011)** – Moving into a new home is certainly not child’s play. The change brings with it a lot of emotions, particularly for families moving with children.

“Children tend to be emotionally invested in their home, especially if it is the only home they have known,” said Jim Dohr, president of Coldwell Banker Gundaker. “Carefully preparing them for the move, both practically and psychologically, can help ease the transition and make the process much smoother for the family.

- **Comfort.** Pack up the kids’ rooms last to minimize disruption. The longer kids feel secure in their own rooms, the easier the transition will be. Set up their new bedrooms first and don’t completely re-decorate their rooms, which will help them feel like they’re back in familiar surroundings.
- **Participate.** Your children are more likely to feel like they are a part of your new home if they are given the chance to help with the move, even in a small way. Ask them to carry light objects, like pillows and small toys, or to watch the family pet to make sure it does not sneak outside amidst the foot traffic.
- **Explore.** After you move, help the kids discover their new neighborhood. Ask neighbors to point out the playgrounds, community centers, recreation areas and other areas important to the kids that will help make the environment seem fun and familiar.

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